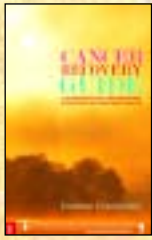


NEW Books



catalogue
08/09



CLAIRVIEW

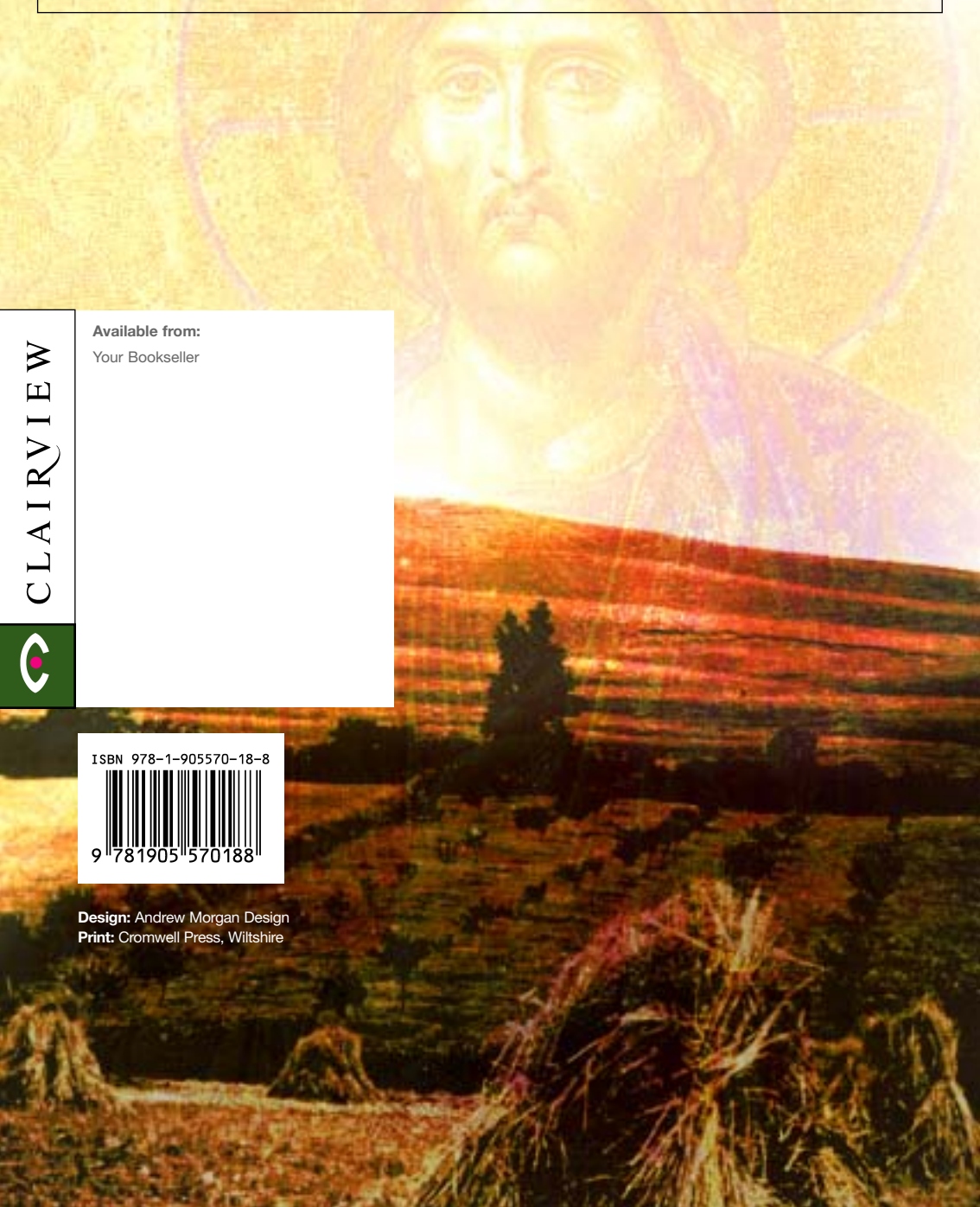
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CLAIRVIEW BOOKS is an independent publishing company with a focus on cutting-edge, challenging non-fiction books. Whether on current affairs, history, health, the arts, science or spirituality, our books question conventional thinking, dogmas and all forms of received wisdom.

Despite being a small organization, our list features some big names, such as world leader Mikhail Gorbachev, literary giant Gore Vidal, modern artist Joseph Beuys, birthing guru Michel Odent, and many more. Take a look through our catalogue – you will find some gems...

Clairview Books was born in spring 2000 as an imprint of Temple Lodge Publishing. Having outgrown its home, it began trading as a limited company in January 2005.

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EDITORIAL

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Awakening Beauty the Dr. Hauschka Way Susan West Kurz with Tom Monte

NOW IN
PAPERBACK

'As a long-time Dr Hauschka devotee I am thrilled that Susan is bringing her message of health and sustainability to a broader audience... promoting the notion of approaching beauty from inside out.' - Elle Macpherson

In a culture that idealizes youthful looks and encourages elaborate makeovers or even surgery to achieve them, the idea of natural beauty is often all but ignored. But true beauty is within reach for anyone of any age, without submitting to needles or knives. The secret is nurturing beauty from the inside as well as on the surface, caring for both body and soul in a way that will naturally result in the smooth skin and radiant glow of good health, whether one is eighteen or eighty.

A-list celebrities, professional make-up artists, and Hollywood stylists have long embraced Dr. Hauschka's botanical products, attracted by their extraordinary results and the company's thirty-five-year commitment to purity, therapy and luxury. Now the same extraordinary results are available to the rest of us through a rejuvenating prescription for healing. In *Awakening Beauty*, Susan West Kurz, president of Dr. Hauschka, Inc., USA, and a long-time devotee of the company's products, offers readers a transformative programme grounded in Dr. Hauschka's key principles of natural ingredients and working with the body's rhythms. Her suggestions, when followed, naturally restore healthy, radiant skin and a sense of peace and well-being, and can even result in weight loss.

Awakening Beauty outlines a series of achievable lifestyle changes that can dramatically improve appearance in a single month, including detailed advice on the most effective ways to wash, tone and moisturize skin using home-made products, as well as tips on how to critically assess skin care claims and break unhealthy habits. Meal plans, meditation techniques, advice on addressing specific skin conditions and an extensive collection of recipes complete this remarkable story.



SUSAN WEST KURZ is a passionate advocate of Dr. Hauschka's philosophy and practices. She began her career as an apprentice to a master herb grower before becoming a sales representative for Dr. Hauschka's products in the 1970s. She went on to become a licensed aesthetician and the president of Dr. Hauschka Skin Care, Inc., in 1993. She lives in Jamestown, Rhode Island, with her husband and three children.

October 2008; 208pp; 25.5 x 20 cm;
paperback; £16.99; ISBN: 978 1 905570 16 4

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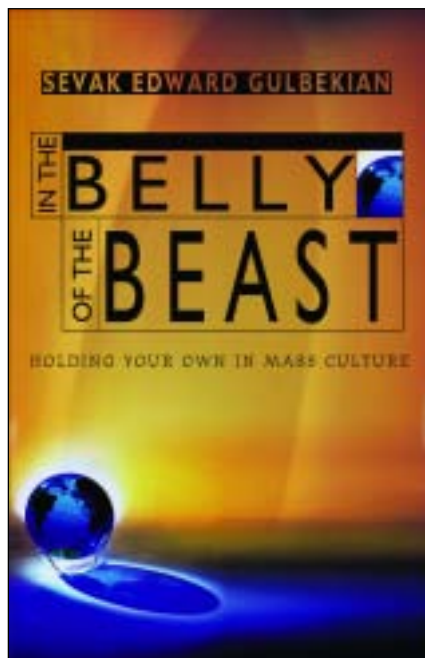
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Returns

All orders are supplied on firm sale. Returns can only be authorized by Clairview Books.



In the Belly of the Beast

Holding Your Own in Mass Culture
Sevak Edward Gulbekian

'In this intelligent and constructive book, Sevak Gulbekian reveals the hidden forces operating within mass culture that seek to manipulate us. These forces, he says, depend on our being unaware of their existence. Sevak therefore suggests ways in which we can cultivate our intuitive and analytical senses to see beneath the surface, so that we can be aware of the undercurrents in contemporary culture and not be dragged along by them. To illustrate what he means, he takes us through various news stories such as the tragedy of Princess Diana, the story of Malcolm X and the case of Mary Bell, demonstrating how to tease apart the various layers of 'reality' and how to get at the truth within. Faced with such disturbing reports in the media, spiritual people are often tempted to retreat into a more meditative way of life. However, as Sevak shows, there is another way. We can

engage with contemporary culture, using all the spiritual wisdom we have acquired, and thereby help to transform evil into good.' - Cygnus Books

'This is a worthwhile book on a fascinating and urgent subject.' - Resurgence

'Gulbekian offers a middle path where we can evolve via our commitment to transforming society from within.' - Nexus

'Gulbekian offers some intriguing guidelines for "developing the self" and "seeing the reality" that allow for "spiritual and scientific research" into the true dynamics of our culture.' - Publisher's Weekly

'This is a timely book with a fresh perspective on contemporary culture – and a good read.' - News Network Anthroposophy



SEVAK EDWARD GULBEKIAN was born in London in 1964. His spiritual outlook is informed by the ancient heritage of his Armenian ancestry, the more modern esoteric research of Rudolf Steiner; as well as the many contemporary accounts of spiritual experience available today. Over the past decade he has sought to find ways of relating spirituality to present-day culture, a path he has elaborated through essays, talks, workshops, and, finally, in this volume.

Did Jesus Come to Britain?

An investigation into the traditions that Christ visited Cornwall and Somerset
Glyn S. Lewis

'An astonishing new book....' - Daily Express

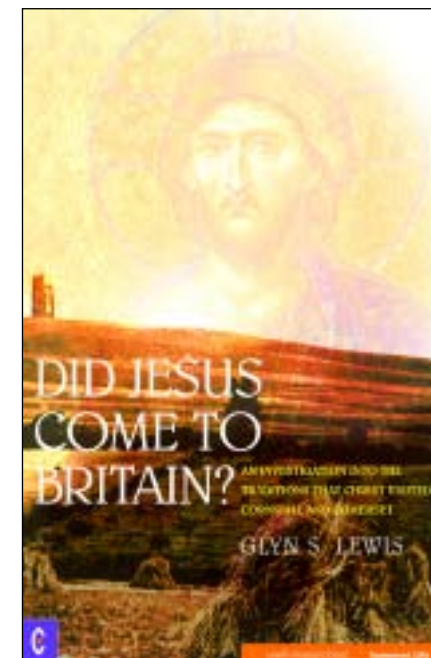
*'And did those feet in ancient time
walk upon England's mountains green?
And was the holy Lamb of God
on England's pleasant pastures seen?'
- William Blake*

The many traditions and legends of Jesus's travels to Britain are deeply impressed into our culture, thanks particularly to the famous allusion by William Blake. These tales tell that, while still a boy, Jesus accompanied his uncle Joseph of Arimathea – an importer of metals – on expeditions to Cornwall to engage in the tin trade. Later, it is said, Jesus made additional trips in which he visited the location of the Druids' school of learning, Glastonbury. These are charming and romantic stories, but do they have any historical foundation?

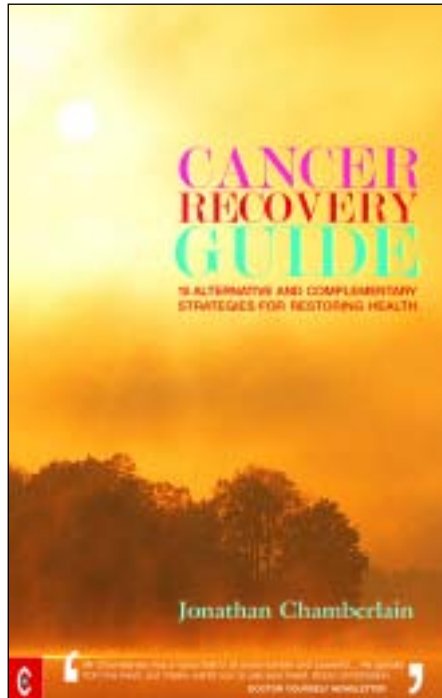
Using the work of fellow researchers as his starting point, Glyn Lewis studies the locations that Jesus is said to have visited – from Cornwall to Somerset – and produces some striking evidence, presented here in combination with his own fine photography and some useful maps. Lewis's original research is combined with broad and insightful analysis of the existing material, making a convincing case for Jesus indeed having walked 'upon England's mountains green'.



GLYN LEWIS, was born in Shropshire. Since 1991, he has worked as a photographic essayist, first in Hong Kong where he recorded the plight of people living on the streets and in crowded bed-space lodges, and later in the UK producing photographic essays on the ministry of Agricultural Chaplains to the farming community, the work of Park Attwood Clinic and the role that therapies play in aiding the healing processes, and on the religious order of the Poor Clares. His essay, *The Gospel, told in photographs and words*, has been exhibited in the cathedrals of Wells, Exeter and Chichester.



May 2008; 104pp (8 pages b/w plates); 21.5 x 13.5 cm;
paperback; £8.99; ISBN: 978 1 905570 15 7



Cancer Recovery Guide
15 Alternative and Complementary
Strategies for Restoring Health
Jonathan Chamberlain

'Mr. Chamberlain has a voice that is at once humble and powerful... He speaks from the heart, but clearly wants you to use your head. Good combination.' - Doctor Yourself Newsletter

In Europe and the USA we have a 40-50% chance of getting cancer at some time in our lives. So what do you do if you are diagnosed with the disease? The harshness of orthodox treatments (surgery, radiation and chemotherapy) are well known. Their use is widespread, but their results are not impressive. Faced with these options, informed patients are increasingly seeking out alternative or complementary strategies to take control of their own healing. This book provides an overview of them.

Jonathan Chamberlain watched his wife suffer and eventually die – both from her cancer and from the direct effects of the orthodox treatments she had undergone. This experience led him on a journey in search of other methods of overcoming cancer. What he discovered stunned him. There are cures out there – dozens of them – many offering very good chances of recovery.

In *Cancer Recovery Guide* Chamberlain presents 15 simple, practical strategies for becoming well again. These strategies are grouped in three families: those relating to the mind and the emotions (did you know stress makes cancers more aggressive?); those relating to the health of the whole body (cancer cannot survive in a tissue environment that is truly healthy); and those that focus on directly attacking the cancer tumours. The personal stories cited throughout the book testify to the curative possibilities of the strategies presented.

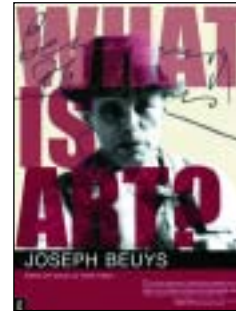


JONATHAN CHAMBERLAIN, was brought up in Ireland and Hong Kong, where he lived for many years working as a teacher and writer. His previous works include *Cancer: The Complete Recovery Guide*, and his website on cancer-related issues is www.fightingcancer.com. He has also written *Chinese Gods, An Introduction to Chinese Folk Religion* and *King Hui, the man who owned all the opium in Hong Kong*. Jonathan is also the founder of two charities: The Hong Kong Down Syndrome Association and Mental Handicap Network China Ltd.

March 2008; 176pp; 15.5 x 13.5 cm;
paperback; **£9.95**; ISBN: 978 1 905570 14 0

To order see page 2

The Arts



What is Art?
Conversation with
Joseph Beuys, edited
with essays by Volker
Harlan

Joseph Beuys's work continues to influence and inspire practitioners and thinkers all over the world, in everything from organizational learning, direct democracy and new money

forms to new art pedagogies and ecological art practices. Here, in dialogue with Volker Harlan, the deeper motivations and insights underlying 'social sculpture', Beuys's expanded conception of art, are illuminated. His profound reflections, complemented with insightful essays by Volker Harlan, give a sense of the interconnectedness between all life forms, and the foundations of a path towards an ecologically sustainable future.
2004; 128pp; 25 x 19 cm; paperback; **£14.99**;
ISBN: 9781905570072

Food, Health & Healing

The Biodynamic Food and Cookbook
Real Nutrition That Doesn't Cost the Earth
Wendy E. Cook

Illustrated with hundreds of full-colour photographs, *The Biodynamic Food and Cookbook* explains the principles behind biodynamics, and places it in the context of food and cooking throughout the ages. Wendy Cook takes us on a journey through the four seasons, presenting over 150 delicious recipes based on many years of working with biodynamic nutrition. She studies the ethics of food, the foundations of a balanced diet, and conjures up the colour and vibrancy of Mallorca, which has contributed so much to her personal approach. There are supplementary sections on breads, sauces, salads, desserts, drinks and much more.

2006; 256pp; 30 x 21 cm; sewn paperback; **£18.99**;
ISBN: 9781905570010



Best Seller

Birth and Breastfeeding
Rediscovering the
Needs of Women
During Pregnancy and
Childbirth
Michel Odent

Humanity, argues Michel Odent, stands at a crossroads in the history of childbirth – and the direction

we choose to take will have critical consequences. Until recently a woman could not have had a baby without releasing a complex cocktail of 'love hormones'. In many societies today, most women give birth without relying on the release of such a flow of hormones. Some give birth via caesarean section, while others use drugs that not only block the release of these natural substances, but do not have their beneficial behavioural effects. 'This unprecedented situation must be considered in terms of civilization', says Odent, and gives us urgent new reasons to rediscover the basic needs of women in labour.

2003; 176 pp; 21.5 x 13.5 cm; paperback; **£9.99**;
ISBN: 9781905570065



Best Seller

Foodwise
Understanding What
We Eat and
How it Affects Us
The Story of Human
Nutrition
Wendy E. Cook

Wendy Cook presents a remarkable cornucopia of challenging ideas, advice and commentary, informed by the seminal work of the scientist

Rudolf Steiner. She begins the volume with biographical glimpses relating to her experience of food and how it has influenced her life. She then presents an extraordinary perspective on the journey of human evolution, relating it to changes in consciousness and the consumption of different foods. In the following section she considers the importance of agricultural methods, the nature of the human being, the significance of grasses and grains, the mystery of human digestion, and the question of vegetarianism. In the next section she analyses the 'building blocks' of nutrition, looking in some detail at the nutritional (or otherwise) qualities of many

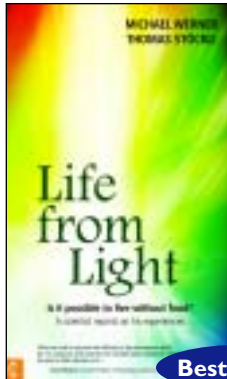


Best Seller



foodstuffs, including carbohydrates, minerals, fats and oils, milk and dairy products, herbs and spices, salt and sweeteners, stimulants, legumes, the nightshade family, bread, water, and dietary supplements. She ends with practical tips on cooking, planning menus, children's food, sharing meals, and some mouth-watering recipes.

2003; 352pp (illus.); 24.5 x 17.5 cm; paperback; **£16.95**;
ISBN: 9781902636399



Life from Light
Is it possible to live without food?
A scientist reports on his experiences
Michael Werner, Thomas Stöckli

In 1923 Therese Neumann, a nun in Southern Germany, stopped eating and drinking. Apart from the water given at Mass, she did not eat again,

despite living for a further 35 years. Other similar cases have been reported

over the years – often holy men from the East – and have taken on something of a mythical status. However, they remain obscure enough to be brushed aside by modern scientists. Michael Werner presents a new type of challenge to sceptics. A fit family man in his 50s, he has a doctorate in Chemistry and is the managing director of a research institute in Switzerland. In this remarkable account he describes how he stopped eating in 2001 and has survived perfectly well without food ever since. In fact, he claims never to have felt better! Unlike the people who have achieved this feat in the past, he is an ordinary man who lives a full and active life.

Michael Werner has an open challenge to all scientists: 'Test me using all the scientific monitoring and data you wish! In fact, he describes one such test here in which he was kept without food in a strictly monitored environment for ten days. Werner also describes in detail how and why he came to give up food, and what his life is like without it. This book features other reports from those who have attempted to follow this way of life, as well as supplementary material on possible scientific explanations of how one could 'live on light'.

2007; 240pp; 21.5 x 13.5 cm; trade paperback; **£12.99**;
ISBN: 978 1 905570 05 8

Primal Health
Understanding the
Critical Period
Between Conception
and the First Birthday
Michel Odent

Michel Odent, the leading pioneer for natural childbirth, indicates that the period between conception and a child's first birthday is critical to life-long health. In this prophetic book – first published in 1986 and reproduced here in its original form – he argues that different parts of the 'primal adaptive system' develop, regulate and adjust themselves during foetal life and the time around birth and infancy. 'Everything which happens during this period of dependence on the mother has an influence on this basic state of health, this primal health.' He suggests that the later well-being of adults, their ability to withstand the 'diseases of civilization' such as hypertension, cancer, alcoholism and failures of the immune system resulting in Aids, allergies and viral diseases, can all be traced back to society's ignorance of the vital importance of the primal period.

2002; 240pp; 21.5 x 13.5 cm; paperback; **£11.99**;
ISBN: 9781905570089



**What is
Biodynamic Wine?**
The Quality, the
Taste, the Terroir
Nicolas Joly

Nicolas Joly is responsible for producing some of the finest and most highly esteemed wines of France at his Coulée de Serrant vineyard. Practising the biodynamic method of agriculture – sometimes referred to as 'premium organic' – he is at the forefront of a movement to return to the concept of *terroir*, as full expression and embodiment of a particular grape-growing locality, or *appellation*.

Today even expensive wines, made under strictly regulated controls and standards, are tainted by the use of pesticides and fertilizers, and manipulated in the cellar through the use of osmosis and the additions of aromatic yeasts and enzymes. To



counter such trends, a new 'Charter of Quality', organized by organic and biodynamic viticulturists, guarantees that the appellation comes to full, authentic expression. To aid this process, biodynamic winegrowers like Joly use special planting methods and preparations that enhance and invigorate the soil, bringing it into harmony with the forces of sun, moon and cosmos to embed the vine in a rich, living context.
2007; 128pp + 16pp colour plates; 21.5 x 13.5 cm; paperback; **£9.99**; ISBN: 978 1 905570 09 6

Science, Current Affairs & History



Animal Pharm
One man's struggle to
discover the truth about
Mad Cow Disease and
variant CJD
Mark Purdey
Edited by Nigel Purdey

Mark Purdey's life changed one day in 1984 when a Ministry of Agriculture inspector told him he must administer a toxic organophosphate pesticide to his dairy herd. Passionately committed

to organic farming and convinced of the harmful effects of chemicals in the environment, he refused to comply. 'It was as if my whole life became focused', he explained later. Before they had a chance to prosecute, Purdey took the Ministry to court and won his case. These experiences led him to challenge the orthodox line on the origins of Mad Cow Disease and its human counterpart variant CJD. Could the insecticide used in the official programme have precipitated the spread of the disease?

Increasingly sceptical of the official narrative, Purdey was certain that toxic environmental factors would provide answers, and so embarked on a self-funded worldwide odyssey to investigate. *Animal Pharm* follows him on these eco-detective trails to locations as diverse as Iceland, Sardinia, Colorado and Australia. Purdey uncovers contamination from industry, munitions, pesticides, nuclear experiments and natural geology, linking these with the emergence of a range of neurodegenerative diseases. His research is at once compelling and disturbing, helping to create a paradigm shift in our understanding of the relationship of pollutants to disease and health.

2007; 288pp; 23.5 x 15.5 cm; paperback; **£12.99**;
ISBN: 978 1 905570 11 9

**Behind the War on
Terror**
Western Secret
Strategy and the
Struggle for Iraq
Nafeez Mosaddeq
Ahmed

Using official sources, Ahmed investigates US and British claims about Iraq's WMD programmes, and in the process reveals the hidden motives behind the 2003 invasion and the grand strategy of which it is a part. He traces events of the past decades, beginning with the West's support for the highly-repressive Shah of Iran, his subsequent usurpation by the Ayatollah's Islamist regime, and the West's resultant backing of Saddam Hussein.

2003; 352pp; 21.5 x 13.5 cm; paperback; **£11.95**;
ISBN: 9781902636443



Dreaming War
Blood for Oil and the
Cheney-Bush Junta
Gore Vidal

Following his bestselling *Perpetual War for Perpetual Peace*, Gore Vidal returns with a collection of provocative and alarming essays.

Was the toppling of the Taliban a reaction to the slaughter of 11 September, or was Osama bin Laden 'chosen on aesthetic grounds to be the frightening logo for our long-contemplated invasion and conquest of Afghanistan?'

2003; 208pp; 21.5 x 13.5 cm; paperback; **£9.95**;
ISBN: 9781902636412



Imperial America
Reflections on the United States of Amnesia
Gore Vidal

Following the publication of *Perpetual War for Perpetual Peace* and *Dreaming War*, Gore Vidal was described as the last 'noble defender' of the American republic. Here, in the long-awaited conclusion to his bestselling trilogy, Vidal presents his most devastating exploration

of Imperial America to date. 'Not since the 1846 attack on Mexico in order to seize California', writes Vidal, 'has an American government been so nakedly predatory.'

Imperial America is both a strong indictment of the United States' imperialism and a statement of devotion to its true ideals. To allegations of unpatriotic tendencies Vidal responds by pointing to his literary legacy: 'Of course I like my country', he says, 'after all, I'm its current biographer!'

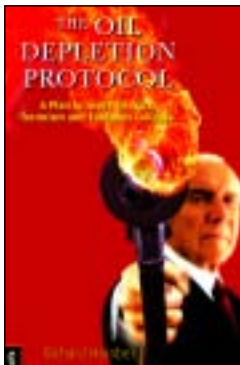
2004; 192pp; 21.5 x 13.5 cm; paperback; **£9.95**;
ISBN: 9781902636566

The Oil Depletion Protocol

A Plan to Avert Oil Wars, Terrorism and Economic Collapse
Richard Heinberg
Foreword by Colin Campbell

The Oil Depletion Protocol describes a unique accord whereby nations would voluntarily reduce their oil production and oil imports according to a consistent, sensible formula. This would enable energy transition to be planned and supported over the long term, providing a context of stable energy prices and peaceful cooperation. The protocol will be presented at international gatherings, initiating the process of country-by-country negotiation and adoption and mobilizing public support. Timely and critically important, *The Oil Depletion Protocol* is a must-read for policy makers and for all who seek to avert a Peak Oil disaster.

2006; 208pp; 23.5 x 15.5 cm; paperback; **£10.99**;
ISBN: 9781905570041

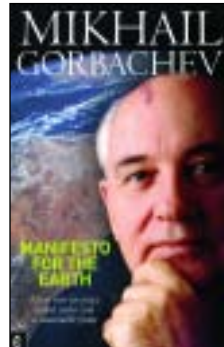


Manifesto for the Earth
Action now for peace, global justice and a sustainable future
Mikhail Gorbachev

For more than a decade Mikhail Gorbachev has been engaged in working to protect the earth and its inhabitants via the organization he founded in 1992, Green Cross International. In an age when ecological crises, poverty and military conflicts are humanity's main challenges, Gorbachev urges us to stop regarding these problems in isolation. The man who changed the destiny of Russia, Europe and the world is now calling for a global and comprehensive Perestroika (reform) for the twenty-first century.

Manifesto for the Earth is a courageous and thought-provoking work by a respected elder statesman. In a partisan and polarized world, this is a 'manifesto' that does not compromise its integrity to political, ideological or national sympathies.

2006; 160pp; 21.5 x 13.5 cm; trade paperback; **£8.99**;
ISBN: 9781905570027

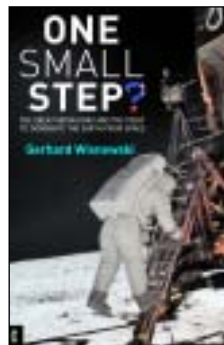


One Small Step?
The great moon hoax and the fight to dominate the earth from space
Gerhard Wisniewski

Could NASA have simulated the moon landings?

From the very first manned flight into orbit right up to the present day there have been serious anomalies in the official narrative of the conquest of space. Bestselling author Gerhard Wisniewski dissects the history of space travel in minute detail, beginning with the first Russian missions in the early 1960s, to the final American moon project of Apollo 17 in 1972, and onwards to the American landings planned in future. Using forensic methods of investigation, he pieces together a complex jigsaw to reveal a disturbing picture of lies, falsifications and simulations. We are left with a catalogue of untruths and propaganda in the Cold War struggle for supremacy between the Soviet Union and the USA.

2007; 400pp; 23.5 x 15.5 cm; paperback; **£14.99**;
ISBN: 9781905570126



The Party's Over
Oil, War and the Fate of Industrial Societies
Richard Heinberg

The Party's Over deals head-on with the imminent decline of cheap oil. It shows how oil and war have been closely related for the past century, and how competition to control oil supplies is likely to lead to new resource wars in the Middle East, Central Asia, and South America.

A riveting wake-up call that does for oil depletion what Rachel Carson's *Silent Spring* did for the issue of chemical pollution – i.e. raising to consciousness a previously ignored global problem of immense proportions – *The Party's Over* is essential reading for all those concerned with the future of modern life as we know it. This second edition is updated and enlarged.

2005; 320pp; 23.5 x 15.5 cm; paperback; **£12.99**;
ISBN: 9781905570003



Best Seller

Peak Everything
Waking Up to the Century of Decline in Earth's Resources
Richard Heinberg

Peak Everything addresses many of the cultural, psychological and practical changes we will need to make as nature rapidly dictates our new limits. This latest book from Richard Heinberg, author of three acclaimed books on Peak Oil, touches on the most important aspects affecting humanity at this momentous time.

A combination of wry commentary and sober forecasting on subjects as diverse as farming and industrial design, *Peak Everything* indicates how we might make the transition from the Age of Excess to the Era of Modesty with grace and satisfaction, while preserving the best of our collective achievements. A must-read for individuals, business leaders and policy makers who are serious about effecting real change.

2007; 224pp; 23.5 x 15.5 cm; paperback; **£11.99**;
ISBN: 9781905570133



Perpetual War for Perpetual Peace
How We Got To Be So Hated
Causes of Conflict in the Last Empire
Gore Vidal

Far from being an apologist for terrorism, Vidal makes a rational investigation into the causes behind the devastating events of 11 September and the Oklahoma bombing. One of the last great independent thinkers, Vidal refuses to be steamrolled by the weight of 'received wisdom' and media consensus. 'Things just happen out there in the American media, and we consumers don't need to be told the why of anything', he observes.

2002; 176pp; 21.5 x 13.5 cm; paperback; **£8.95**;
ISBN: 9781902636382



Best Seller

Powerdown
Options and Actions for a Post-Carbon World
Richard Heinberg

Resource depletion and population pressures are about to catch up with us, and no one is prepared. Oil is running out and, if the Western world continues with its current policies, the next decades will likely be marked by war, economic collapse, and environmental catastrophe. The political élites, especially in the US, have shown themselves to be unwilling to deal with the situation, and have in mind a punishing game of 'Last One Standing'.

There are alternatives. A 'Powerdown' strategy, for example, would aim to reduce per-capita resource usage in wealthy countries, develop alternative energy sources, distribute resources more equitably, and reduce the human population humanely but systematically over time. It could save us, but will require tremendous effort and economic sacrifice.

Powerdown speaks frankly to these dilemmas. Avoiding cynicism and despair, it begins with an overview of the likely impacts of oil and natural gas depletion and then outlines four options for industrial societies during the next decades.

2004; 224pp; 23.5 x 15.5 cm; paperback; **£11.99**;
ISBN: 9781905570102





Unarmed Heroes

The Courage to go beyond Violence
Personal testimonies and essays on the peaceful resolution of conflict
Compiled and edited by peace direct

Featuring sixteen personal testimonies by those who have summoned up the courage to transform violence in their lives,

Unarmed Heroes is an inspiration as

well as a handbook for overcoming conflict. The contributors, drawn from all over the globe, include relatives of those who died in the World Trade Centre attack and the Oklahoma bombing; Israeli, Palestinian and Afghan peace activists; a former IRA bomber and the daughter of one of his victims; a British military commander turned anti-nuclear campaigner; and many others.

2004; 272pp; 21.5 x 13.5 cm; paperback; **£10.95**;

ISBN: 9781902636528

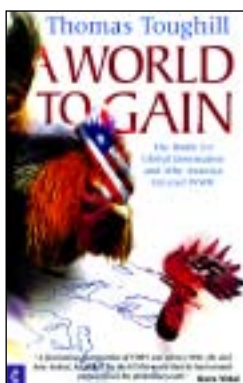
A World to Gain The Battle for Global Domination and Why America Entered WWII

Thomas Toughill

The Second World War cannot be fully understood unless it is seen for what it was: a struggle for world domination between the United States and Nazi Germany. Based on both Allied and German sources, Toughill's firsthand research examines that rivalry and for the first time provides convincing answers to many of the questions about the war which have, until now, remained unanswered.

2004; 224pp; 23.5 x 15.5 cm; paperback; **£12.95**;

ISBN: 9781902636511



Spiritual Experience

And the Wolves Howled Fragments of Two Lifetimes *Barbro Karlén*

For as long as she can remember, Barbro Karlén has harboured terrible memories of a previous existence on earth as the Jewish girl Anne Frank, author of the famous *Diary*.

And the Wolves Howled is the autobiography of Barbro Karlén, from her early fame as a bestselling child literary sensation in her native Sweden, to her years as a policewoman and a successful dressage rider.

But this is no ordinary life history. As the victim of discrimination, personal vendettas, media assassination, libel and attempted murder, Karlén is forced to fight for her very being.

2000; (Translated from Swedish by Julie Martin.)

272pp (8pp b/w plates); 21.5 x 13.5; **£10.95**;

ISBN: 9781902636184



Light Beyond the Darkness How I Healed my Suicide Son after his Death *Doré Deverell*

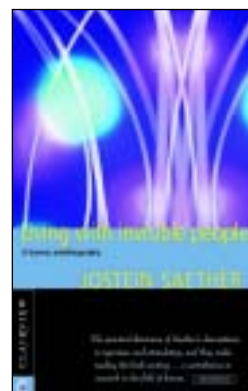
Doré Deverell's son Richard had led a difficult life, plagued by physical and mental illness and depression. When he committed suicide at the age of 36, Doré naturally was devastated, suffering the intense anguish of a mother's loss. But

she was determined to seek for healing and reconciliation.

Suicides, she learnt, often experience great suffering and regret as a consequence of their premature death. But Doré was taught how to alleviate Richard's pain, and finally to metamorphose it. These practical steps are described here in an accessible way to aid anybody who finds themselves in a similar tragic situation.

2000; 144pp (illustr.); 21.5 x 13.5 cm; **£8.95**;

ISBN: 9781902636191



Living with Invisible People A Karmic Autobiography *Jostein Saether*

Beginning with episodes from his present life leading up to his spiritual breakthrough, Saether takes us on a journey starting in the prehistoric ages of Lemuria and Atlantis, and on to the cultures of Egypt, Crete, India and Greece. He continues through early Christianity and

the Middle Ages, up to the sixteenth and nineteenth centuries. A few well-known names appear along the way, as well as fascinating details that throw new light on known historical facts.

2001; (Translated from German by J. Collis.)

320pp; 21.5 x 13.5 cm; **£14.95**;

ISBN: 9781902636269

A Message for Humanity The Call of God's Angels at a Time of Global Crisis *K. Martin-Kuri*

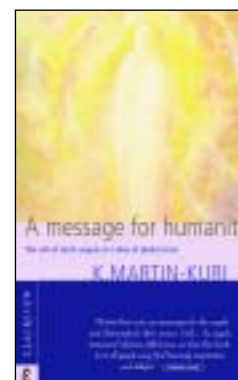
In *A Message for Humanity* Martin-Kuri translates into living practices the changes we can make to avoid disaster. She illumines a path of transformation that will allow our guardian angels to work more effectively in our lives and lead to change on a personal and cosmic level.

Every time we think a negative thought or commit an act of jealousy, greed or hatred, we are holding the angels at bay. The angels want to help us, but they are powerless, except in extreme cases, if we do not create an atmosphere of love and kindness in which they can intercede on our behalf.

2001; 264pp (illustr.); 21.5 x

13.5 cm; **£9.95**;

ISBN: 9781902636276



My Descent into Death And the Message of Love Which Brought Me Back *Howard Storm*

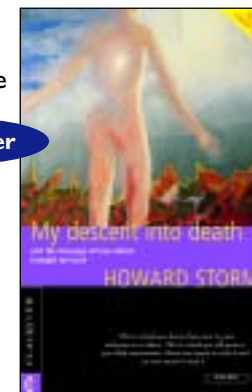
Best Seller

For years Howard Storm lived the American dream. He had a fine home, a family, and a successful career as an Art Professor and painter. Then, without warning, he found himself in hospital in excruciating pain, awaiting an emergency operation. He realized with horror that his death was a real possibility, though as an atheist he was convinced that his demise would mark the end of consciousness.

Storm was totally unprepared for what was to happen next. He found himself out of his body, staring at his own physical form. But this was no hallucination; he was fully aware and felt more alive than ever before. In his spirit form, Storm was drawn into fearsome realms of darkness and death, where he experienced the terrible consequences of a life of selfishness and materialism. However, his journey also took him into regions of light where he conversed with angelic beings and the Lord of Light Himself, who sent him back to live on earth with a message of love.

2000; 184pp (8pp b/w plates); 21.5 x 13.5 cm; **£10.99**;

ISBN: 9781905570171



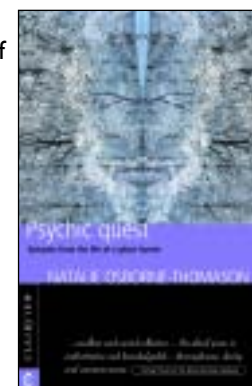
Psychic Quest Episodes from the Life of a Ghost Hunter *Natalie Osborne-Thomason*

Following a formative childhood meeting with the soul of her recently-deceased grandmother; Natalie Osborne-Thomason's consuming interest has been to research and write about ghosts. As a natural psychic, she is blessed with the gift of being able to deepen this quest beyond the capacities of most ghost hunters, allowing her to sense, perceive and experience what many cannot.

Osborne-Thomason tells of psychic episodes and ghostly encounters, including her meeting with the ghost of Pengersick Castle and the haunting spirit of Woodford church.

2002; 176pp (11 b/w photos); 21.5 x 13.5 cm; paperback; **£9.95**;

ISBN: 9781902636344





Psychic Warrior
The True Story of the CIA's Paranormal Espionage Programme
David Morehouse

When David Morehouse – a highly decorated army officer – was hit by a stray bullet, he began to be plagued with visions and

uncontrolled out-of-body experiences. As a consequence, he was recruited as a psychic spy for STARGATE, a highly classified

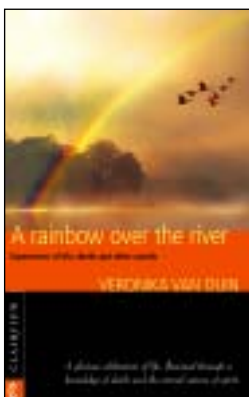
Best Seller

programme of espionage instigated by the CIA and the US Defence Department. Trained to develop spiritual, clairvoyant capacities, he became one of a select band of 'remote viewers' in pursuit of previously unattainable political and military secrets.

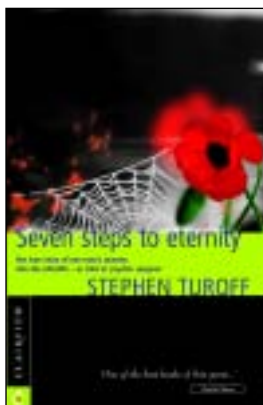
When Morehouse discovered that the next step in the top-secret programme was 'remote influencing' – turning 'viewers' like himself into deadly weapons – he rebelled. In his efforts to expose the programme, he and his family endured the full force of the US intelligence community's attempts to silence him. 2000; 280pp (8pp b/w plates); 21.5 x 13.5 cm; **£9.95**; ISBN: 9781902636207

A Rainbow Over the River
Experiences of Life, Death and Other Worlds
Veronika van Duin

For many years Veronika van Duin has been able to see 'over the river' – experiencing spiritual dimensions and worlds hidden to the physical eye. With clairvoyant vision she has perceived angels and demonic beings, people who have died, and even events taking place in other parts of the world. But with the passing of her mother van Duin's spiritual journeys became more concentrated and frequent, and she began to see people who had recently crossed the threshold of death, including the victims of an aeroplane disaster and a suicide bombing.



A Rainbow Over the River tells the author's remarkable story. 2003; 240 pp (illust.); 21.5 x 13.5 cm; paperback; **£10.95**; ISBN: 9781902636474

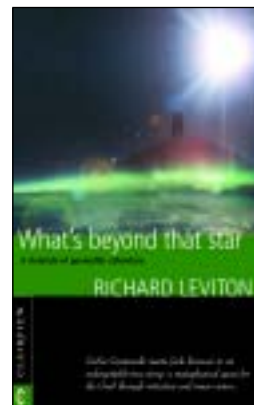


Seven Steps to Eternity
The True Story of One Man's Journey into the Afterlife as told to 'Psychic Surgeon' Stephen Turoff

'I died in the Battle of the Somme... These were the astonishing first words spoken to clairvoyant and healer Stephen Turoff by the soul of James Legett, a young soldier

who was killed in the First World War. For two years, the world famous psychic surgeon communicated with the soldier's soul, and in the process wrote down his remarkable story; not the tale of Legett's tragically short life on the physical plane, but of his death on a battlefield in France and his soul's subsequent journey into the afterlife.

Although he works with many discarnate spirits in his clinic, the dyslexic Turoff was initially reluctant to undertake the task of writing a book. But he was persuaded by the boisterous and genial soul of the dead man. Their literary collaboration involved an unusual method: Legett presented spiritual pictures to Turoff, who with clairvoyant perception interpreted them into words. The result is this enlightening testimony of life beyond the illusion of death, filled with insight, spiritual wisdom and delightful humour. It is written to show that we are all eternal; there is no death... only change. 2000; 192pp; 21.5 x 13.5 cm; **£8.95**; ISBN: 9781902636177



What's Beyond That Star
A Chronicle of Geomythic Adventure
Richard Leviton

What's Beyond That Star records the true story of Leviton's spiritual awakening and his subsequent adventures on a metaphysical search for the Holy Grail, tracing his inner and outer journeys during a

remarkable summer. Guided by a psychic friend and the family of angels whom he comes to know as 'Blaise', Leviton finds himself initiated into new realms of consciousness. 2002; 288pp; 21.5 x 13.5 cm; paperback; **£11.95**; ISBN: 9781902636320

When the Storm Comes / A Moment in the Blossom Kingdom
Barbro Karlén

The young Barbro writes with the prophetic gifts and maturity of a seer, warning humanity of the dire consequences of ignoring the needs of nature, the earth and the heavens.

In *When the Storm Comes* she foretold, years before the prevalence of ecological ideas, the catastrophic results of mistreating the earth. But what distinguishes *When the Storms Comes* from other revelatory works is its beauty and parable-like, refined literary form.

2001; (Translated from Swedish by Jane Luxford.) 160pp (illust.); 21.5 x 13.5 cm; **£8.95**; ISBN: 9781902636238



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